

Welcome to Red Deer College

On behalf of the students and employees who are proud members of RDC's community, I'm excited to welcome you to our main campus, the host site of this year's Health and Physical Education Council Conference offered by the Alberta Teachers' Association.

We invite you to be ACTIVE! and enjoy our campus while you're here. Please enjoy our new Gary W. Harris Canada Games Centre, which includes a fitness centre, track, squash courts, gym and arena. You may also choose to relax and connect with one another between sessions in our Library, or other common spaces.

Like you, we believe in the importance of health and wellness being an integral part of an individual's life journey. Whether wellbeing is achieved through lifelong learning, physical pursuits, maintaining mental wellness, and any combination of other items, being healthy takes on many forms in life.

For 55 years, RDC has proudly served our learners and communities by creating an environment that enhances the intellectual, economic, cultural and social development of our region. The College offers more than 100 programs to 7,500 full- and part-time students, as well as 38,000 youth and adult learners in the School of Continuing Education, each year. Our future is healthy, as we transition to become a comprehensive regional teaching university. This means we'll continue to offer the same breadth of programs and degrees we currently offer, plus our own degrees.

However you choose to spend your time at RDC, we're excited to have you here as part of our health and wellness journey.

Joel Ward
RDC President & CEO