



Welcome to the Health & Physical Education Council of the Alberta Teachers' Association;

On behalf of Mount Royal University, I am thrilled to extend greetings to more than 350 teachers, exhibitors and your keynote speaker Joey Feith. I understand many of you have travelled great distances to be a part of the 2018 Provincial Health and Physical Education Council conference, so thank you for bringing your broad perspective to add to the conversations over the coming days.

Mount Royal is a steadfast supporter of health and physical education — having been the first university in Canada to offer a major in physical literacy within a Bachelor of Health and Physical Education (BHPE) degree. We put health first at MRU, as reflected in our programs, the many dedicated BHPE faculty, staff, students and alumni and the fact we were selected to host this professional development learning opportunity.

Many thanks to all of you for your unwavering commitment to the health, wellness and vitality of our communities. The trend towards sedentary lifestyles has spurred concerns that this generation may be the first to not outlive their parents. But thanks to leaders like yourselves, I am optimistic this will not be the case in Alberta. Together with your colleagues, you are creating a unified voice that will create lasting impacts in your field and beyond.

Have an enjoyable and rewarding conference.

Dr. David C. Docherty  
President  
Mount Royal University