

## 9th Annual Physical Education Summer Symposium – “In Person”

Date: Tuesday August 23, 2022

Time: 9:00am – 12:00pm

Location: FFCA SWE Campus – 898 Sylvester Cres. S.W. Calgary

Agenda: 8:45-9:00am arrival

Session 1: 9:00am-9:55am

Session 2: 10:00am-10:55am

Session 3: 11:00am-11:55am

Session presenters include: FFCA Physical Education Specialists, Athletics Alberta Mini Legends Program and Ever Active Schools.

### Session 1 – 9:00am – 9:55am

	SESSION # / TITLE	PRESENTER	ROOM
1.	Amazing New Games from Physical Education Social Media Connections	Sonia Sheehan, FFCA SWE Campus	Gymnasium (indoor)
2.	Introducing the NEW Outdoor Learning Quickdraw!	Kaitlyn Mitchell, Ever Active Schools Health and Wellness Consultant	Field (outdoor)

### Session 2 – 10:00am – 10:55am

	SESSION # / TITLE	PRESENTER	ROOM
3.	Lacrosse	Brian Broad, FFCA NWE Campus	Gymnasium (indoor)
4.	Become Legendary with the Mini Legends Program (brought to you by Athletics Alberta)	Tracy Lockwood, Athletics Alberta	Field (outdoor)

### Session 3 – 11:00am – 11:55am


	SESSION # / TITLE	PRESENTER	ROOM
5.	K – 4 Spatial Awareness Games That Hit A High Number of the New Curriculum Outcomes	Melissa Brooks, FFCA NEE Campus and Andrea Wilcox, FFCA SEE Campus	Gymnasium (indoor)
6.	Outdoor Games	Lara Talamini and Jason Deis, FFCA NMS Campus	Field (outdoor)

Please join us for this excellent physical education professional development opportunity on Tuesday August 23 at FFCA SWE Campus, 898 Sylvester Cres. S.W. There is no cost to participate in this event. Please complete your registration through the google link:

Registration Link:

<https://forms.gle/hD5XUCUnmGySKKtY9>

If you have any questions regarding the 9<sup>th</sup> Annual PE Summer Symposium, please contact Sonia Sheehan at [sonia.sheehan@ffca-calgary.com](mailto:sonia.sheehan@ffca-calgary.com)

\*\* In registering for this workshop you are voluntarily providing your personal information and consenting to its collection, use and disclosure for all purposes connected with our participation as a member of the workshop. \*\*

## Session Descriptions:

1	<p><b>Session #1: 9:00am- 9:55am</b></p> <p><b>Session Title:</b> Amazing New Games from Physical Education Social Media Connections <b>Presenter:</b> Sonia Sheehan, FFCA Southwest Elementary Campus Physical Education Specialist, HPEC Vice President Communications <b>Description:</b> Twitter is an excellent professional development tool. Come to this session to learn some amazing new games that I discovered while following physical education teachers from across the globe. The games have been tried and tested with my own students (K-4, but can be adapted to higher grades) and have proven to be some of the new favorite games students are asking to play. Some of the games will include: Life Sized Battleship, Team Guard Your Castle, Bank it - Bounce it - Make it, Star Wars, Sinker Ship, Cannonball, Spin the Pin, the use of scorekeeper XL, and Frogger. Connections to the new Alberta Physical Education and Wellness curriculum will be highlighted.</p> <p>(indoor session)</p>
2	<p><b>Session #1: 9:00am- 9:55am</b></p> <p><b>Session Title:</b> Introducing the NEW Outdoor Learning Quickdraw! <b>Presenter:</b> Kaitlyn Mitchell, Ever Active Schools Health and Wellness Consultant <b>Description:</b> Ever Active Schools' newest resource is the Outdoor Learning Quickdraw. Formatted as a deck of cards like our popular Physical Literacy and Social and Emotional Learning resources, the Quickdraw is designed to help teachers in any subject area with planning outdoor activities; from a one-time lesson to building a whole unit. Come prepared to go outside and try activities from each of the four suits: Physical Literacy, Teamwork, Outdoor Skills and Environmental Action.</p> <p>(outdoor session)</p>
3	<p><b>Session #2: 10:00am – 10:55am</b></p> <p><b>Session Title:</b> Lacrosse <b>Presenter:</b> Brain Broad, FFCA NWE Campus Physical Education Specialist <b>Description:</b> Want to learn how to teach a great sport to your students? Lacrosse is an exciting sport that can be learned by most grades. Learn how to teach a non contact version of this game, and tons of mini games. Your students will learn both hand-eye-coordination and invasion game strategies and tactics. It is also one of Canada's national sports and will fulfill the cultural games section of the new Physical Education and Wellness curriculum.</p> <p>(indoor session)</p>

4	<p><b>Session #2: 10:00am – 10:55am</b></p> <p><b>Session Title:</b> Become Legendary with the Mini Legends Program (brought to you by Athletics Alberta)</p> <p><b>Presenter:</b> Tracy Lockwood, Athletics Alberta</p> <p><b>Description:</b> Teaching the basics of Track &amp; Field is extremely important for the development of Physical Literacy. The activities you lead and the skills you teach will build the foundation upon which countless sport and physical activity skills will be developed. Get ready to "become legendary" because in this session, you will participate in track and field-type activities from the Athletics Alberta Mini Legends Program. These activities teach the fundamental movement skills of running, jumping, throwing and so much more!</p> <p>(outdoor session)</p>
5	<p><b>Session #3: 11:00-11:55am</b></p> <p><b>Session Title:</b> K – 4 Spatial Awareness Games That Hit A High Number of the New Curriculum Outcomes</p> <p><b>Presenter:</b> Melissa Brooks and Andrea Wilcox, FFCA Northeast/ Southeast Elementary Campus' Physical Education Specialists</p> <p><b>Description:</b> Join us for a session of low organized games that surprisingly match a large number of outcomes of the new curriculum. Old favorites like Giant, Wizards &amp; Elves, Charlie Wants a Home, Squirrels tails, Bench ball, Catch 5, relay races and others have a function both during class and for recess play. How each game connects to the curriculum will also be explored so you will not only walk away from the session with some game ideas but hopefully a better understanding of the Physical Education outcomes of the new Physical Education and Wellness curriculum.</p> <p>(indoor session)</p>
6	<p><b>Session #3: 11:00-11:55am</b></p> <p><b>Session Title:</b> OUTDOOR GAMES</p> <p><b>Presenter:</b> Lara Talamini and Jason Deis, FFCA North Middle School Campus Physical Education Specialists</p> <p><b>Description:</b> You can never have too many outdoor games up your sleeve! In this session we will run through a variety of games that can be played outside (or some inside, too), with minimal or basic equipment. They work for both large and small groups, and can be used with students of any age. We will also show you how to make connections to the new Grade 5 and 6 PE curriculum. Come prepared to join in and try each of the games with your colleagues!</p> <p>(outdoor session)</p>