

Presenter	Title of Presentation	Synopsis	Date Presenting
Lauren Sulz (Louise Humbert, Doug Gleddie)	Re-Imagining School Sport from the Perspectives of Teacher-Coaches and Athletic Directors Cutting Kids From Sports: Considerations for School-Based Coaches	This session will discuss the future of school sport from the perspectives and experiences of teacher-coaches and athletic directors. Results from a study examining school sport practices, barriers/supports experienced by coaches and athletic directors, and strategies and areas for program improvements will be shared. This session will offer strategies to support teacher-coaches through the cutting process, discuss team selection preferences and the impact of non-selection on student physical activity behaviours, and social and emotional well-being. Participants will be provided opportunities to discuss best practices for the communication of try-out results.	Friday Saturday
Nicole Brouwer (Jen Munoz)	Teach Sexual Health with Confidence!	Come to this interactive session and discuss innovative activities, strategies and best practices in teaching Human Sexuality. You will leave this session with sample lesson plans for Grade 4-CALM Human Sexuality and knowledge of the other free resources available on Teachingsexualhealth.ca , an authorized Alberta Education resource.	Friday
Court Rustemeyer	Student Led Learning: An Outdoor Education Experience	This is a seminar for teachers that are either currently running Outdoor Education programs or for those interested in starting a program. While the emphasis will be outdoor based, all teachers running a program, club or extra curricular activity are welcome. The main focus will be student led, experiential learning. A huge component of Outdoor Education is the experiential learning that takes place with off-site activities, field trips, backcountry pursuits and environmental experiences.	Friday and Saturday
Ed Major	ESL in PE	A round table discussion on how PE teachers are dealing and adapting to the growing numbers of ESL students in our PE classes.	Friday
Joyce Sunada	I LOVE TEACHING BUT I HATE FEELING OVERWHELMED AND STRESSED	Each year there seems to be a dramatic increase in the demands of the teaching profession. As a result, you might be feeling overwhelmed, stressed and unable to meet the needs of students, parents and your own family. In this session Joyce will help you reconnect with WHY you became a teacher, acknowledge the demands of teaching and explore strategies to decrease your stress throughout the school year. She will also share portions of her illness to wellness journey.	Friday

Kim Hertlein	<p>Yoga (Part 1) Anyone can be a Yogi</p> <p>Yoga (Part II) Now How Do I Run a Successful Yoga Program at My School?</p>	<p>Join us for a relaxing and invigorating Hatha Yoga Class. As you are getting your "stretch-on" you will learn how to modify a yoga class to help all students feel confident and safe. Please bring your own yoga mat and come ready to participate.</p> <p>Kim Hertlein has been running a yoga program at Ross Sheppard High School for the past 4 years. She would love to share her formula for what makes a yoga class safe, enjoyable and inviting to all students in the school. Please bring a USB stick so you can walk away with all of the resources you need to start your own yoga program or enhance your current classes.</p>	Friday
Lindsay Wright	Move & Play through Recess	<p>Over the past few years, there has been emerging research indicating that the use of painted lines on playground tarmac surfaces, can be an effective and low cost means to help increase moderate to vigorous physical activity levels in children.</p> <p>As part of the 50th anniversary celebration of the University of Calgary, the Faculty of Kinesiology gave the "Gift of Play" to 50 schools in the Calgary area that are in need of a playground pick-me-up.</p> <p>This resource can be used to supplement activities in the classroom, quality physical education, student leadership opportunities and in conjunction with games enjoyed during outdoor free play. Playground stencils can be replicated with sidewalk chalk or tape.</p>	Friday
Jeanette Radchenko	Nature Kindergarten - 90% outdoors	<p>Parkland School Division has developed a partnership with Camp YoWoChas to create an optional Kindergarten program that will get children active and in touch with nature. The program responds to identified early childhood indicators that demonstrate a need for additional social and physical development programming within our division. This program also seeks to explore the impact on early learning using the natural environment as a place where curiosity, play, problem-solving and calculated risk taking can occur in a safe way.</p>	Saturday
Antonella Bell	<p>Encouraging Affect - The Foundation of Ecoliteracy</p> <p>Nature Journaling</p>	<p>Affect, Awareness, and Action are what I refer to as the three A's of ecoliteracy. In this workshop I will focus on ways to encourage effect between humans and other nature. A sense of emotional connection to the natural world is the foundation of ecoliteracy.</p>	Friday and Saturday
Darren Dornstauder (Matthew Fish)	Movement by Numbers: Incorporating Numeracy and Technology Into Physical Education	<p>Learn how to connect numeracy and the components of fitness to enhance students' physical literacy. Numeracy in physical education will allow students the ability, confidence and willingness to engage with quantitative and spatial information to make informed decisions in all</p>	Friday

		aspects of physical activity and healthy living.	
Robert McLeod	Disc Golf	Disc golf has been around since the 70's but it's only really started to become more popular in the last 5 years. There are over 10,000 players in Alberta and that number is growing every week. This session will teach you the basics of throwing, go over the rules for disc golf and incorporate some games that you can play with your students. Disc golf courses are generally free to play - all you need is a disc. I will supply the discs and baskets so you just need to bring yourself!	Friday
Steve Friesen	Raise the Bar - The Power of Intramurals	This presentation will focus on the keys to running a quality, sustainable intramural program for all grade levels. You cannot discuss increasing physical activity for students at schools without including intramurals in the conversation. We will discuss successful student leadership models, model programs, appropriate games and resources and how to overcome the challenges of offering a quality program.	Saturday
Steven Kotowich	The Needs, Challenges and Rewards in Developing a School Wide Outdoor Education Program	I will introduce some of the reasons why there is a need for outdoor programming in today's education system, some of the challenges facing schools when implementing an outdoor program and the definite rewards, not only to the students or staff involved, but to the entire school community. The discussions will be based on the program model being developed at the Grade 1 - 9 Westmount School in Okotoks, AB.	Friday
Tiffany Archie Clayton McDonald	Go Noodle for Phys. Ed.	Are you a Div.1 generalist who has to teach phys ed? Join us for some pool noodle fun. We will introduce you to a variety of games that incorporate inexpensive pool noodles. Be prepared to be active and relieve some stress while participating in these fun games.	Saturday
Dawn Watkins and Craig Jones	Large classes? Quick and easy games for larger groups with new twists on old ideas.	This session will provide you with activities that you will be able to take back and implement on Monday with classes of larger numbers. They can be played indoors, but also outdoors if you lose the gym. Some are a new twist on old ideas, be ready to participate!	Friday
Shannon MacMillan	Build Our Kids' Success (BOKS): Active Kids = Active Minds	BOKS (Build Our Kids' Success) is a FREE, volunteer run before-school physical activity program designed to get elementary children moving in the morning and their brains ready for a day of learning. BOKS offers a completely free, turn-key, robust curriculum to empower the community and help children embrace healthy habits that will last a lifetime. This interactive workshop will provide session participants with the	Friday

		tools to support increased opportunities for children to get physically active, improve academic performance and empower their communities to make a positive difference in the lives of children.	
Chris Watson	Disc Golf In Your School	Disc Golf is picking up steam in our communities and you need to be a part of the trend! In this session, learn how to throw a disc for control and distance, how to set up mini courses for students to get them engaged immediately, and have fun while doing it. Think mountains, think fresh air, think exercise, think disc golf.	Friday
Robert Matheson	Great Balls of Fun Noodles or Nothing	This session will be based on one of CIRA's newest resources. We will play a variety of games using foam-covered balls. The main games will be divided into the four TGfU categories. A fifth section will focus on warm-up games. All games can be played with a full class or used in smaller-sided games. This presentation will focus on fun, active games that require minimal equipment. Either the games need pool noodles (or pieces of noodles) or nothing at all. You will learn some fun relay races, zany tag games, nutty noodle games, and a splash of Rock-Paper-Scissors games.	Saturday
Andy Raithby	Counting on Fun A Round of Circle Games	Ready to bring some math into the classroom and DPA and eager to expand your knowledge of great games to play in your PE program then "Counting on Fun" is the session for you. This active session will provide all participants with games and activities that reinforce basic math skills and promote the development of numeracy skills. Circle games are a lot of fun and are popular with kids of all ages. Some traditional circle games are included in this session but most of the games are new and original and are perfect for Phys. ed. classes, DPA, Playdays and other group settings. Guaranteed fun for all!	Friday
Cristy Drake	Co-curricular Director	Want to learn how to build leadership skills in your P.E. class? Then this session is for you. Hear about how we've introduced, taught, and developed leadership skills through a variety of projects, events, classes, and games. Walk away with some key ideas that you can begin to implement in your classes.	Friday
Marc-Andre Laliberte	Kin-Ball: Skills and Drills	Following an initiation to the sport, the participants will gain a more in-depth understanding of the rules, techniques and strategies. You will have the opportunity of experiencing series of educative exercises to improve motor skills needed when practicing the sport such as kicking, two person ball control and ball displacements. Also learn how to modify the rules during game time to help students master this unique and intense sport.	Friday

	Poison Ball	<p>Finally, fun drills reaching to put your students in game situation that can be used in evaluation when KIN-BALL® sport is played for a full term or a couple of weeks.</p> <p>A brand new game to become the sole survivor or the last team on the court! Develop student game, presence and decision making ability while being physically active. Promotes good sportsmanship and fair play, by holding individuals accountable for taking personal responsibility for their behavior in physical competitive situation. The physical quality like the finger dribble, running, to avoid the ball, targeting will be solicited. PLAY BALL!</p>	
Danielle Smith Amanda Fex, Tabitha Grady	Obstacle course fitness - play time meets physical literacy	We all love to play. All ages. When you present obstacle fitness to your classrooms you are giving them the unique opportunity to play again at any age and overcome obstacles. What we love about our programs is that every student will find success in the skills and obstacles presented to them. A student that will be wonderful at for example a low bear crawl will feel successful and another student will be great at over/unders. There is something for everyone. Our programs use equipment accessible in your storage rooms as well as inexpensive everyday tools. The physical literacy explored and developed in our programs translate to every sport and bring confidence to the surface. Come out and play!	Saturday
Nick Csikos	Create your own DPA Database - Physical Literacy activities by students for students.	Infuse your students with fast-paced, beneficial Daily Physical Activity through the creation of your own "DPA Database" - a collection of low-prep, minimal-equipment activities that are created by students for students.	Saturday
Michael Hargas	Rugby in an Hour	The session will focus on learning Rugby in a short amount of time through TGFU principles and game progressions. It focuses on fun game ideas that can be used in other units as well. Through game progression, a game that is growing in popularity everyday in Canada, and internationally, can be understood by students in a fun and inclusive way.	Friday
Erik Larson	Regional Rep Smorgasborg	HPEC Regional Rep Smorgasborg session is an opportunity for you to get active and learn a wide variety of activities to do with multiple grade levels. These are the proven games and activities to use in your classes to promote physical literacy, love of activity, cooperation, and they may make them sweat.	Friday
Susan Shearer Shelagh McCracken	Susan and Shelagh's Excellent QR Adventure	Participants will learn how to bring technology into a Physical Education setting. This will be an active session held primarily outdoors. Participants will leave with examples of apps, and an	Saturday

		understanding of how to make QR codes as well as participate in an outdoor scavenger hunt. Join us for an excellent adventure!	
Chris Shaw Dr. Larry Katz, Faculty of Kinesiology, U of C	Integrating Tablets and Wearable Technology: Performance Analysis in the Gym East meets West: A comparison of two different philosophical approaches to instruction	<p>This presentation will examine the various possibilities for physical education teachers to use tablets and wearable technology as tools to provide students with immediate performance feedback using very effective video and wireless technology. Images can be easily notated and performance data collected. In addition, the session will present a variety of tablet software and wearable devices directly related to sport and physical education applications, including practical examples of their use in schools.</p> <p>The overall goal of this research was to determine the impact of an Eastern philosophy in the learning of the fundamental movement skill of throwing in comparison with a typical Western curriculum. The Eastern philosophy of instruction focused on 4 aspects: peer-to-peer learning, visualization, observation and bilateral body development. Whereas the Western curriculum focused on using the Teaching Games for Understanding method of instruction to develop their throwing through various games. This research offers significant information for teachers for instructional design, teaching and student learning. We look forward to sharing the project with you.</p>	Friday
Vincent Mireau	Loose, but Intense: Stress Management for Athletic Achievement	Natural anxiety can be your best friend, and it takes practice and skill to incorporate stress management into habits for athletic excellence. This session developed by the ATA Council of School Counsellors serves to equip teachers and coaches with basic skills and techniques to help their students and athletes harness natural anxiety and achieve peak performance. Vince coaches high school football, is a School Counsellor in Whitecourt, AB, and is the Treasurer of the Council of School Counsellors.	Saturday
Sonia Sheehan and Dwayne Sheehan	A New Way to Address Object Manipulation Skills	This session will explore current research regarding object manipulation skills (throwing, catching, dribbling, striking and kicking) in school aged children and how one school, Foundation for the Future Charter Academy SWE campus, partnered with a post secondary institution, Mount Royal University, to add to the body of evidence when contemplating how to positively impact object manipulation skills instructional practices in elementary schools. Preliminary results from this research project will be explored. Innovative object manipulation skills equipment and a character inclusive learning environment will also	Friday

		be demonstrated as utilized in the research project.	
Sarah Perritt	Building a Yoga Tool Box for Children With Special Needs	Providing tools and techniques to build and enhance a yoga program for your inclusive class or on an individual basis. Participants will leave with 10 key yoga postures specific to children with special needs.	Friday
	Introduction to Teaching Meditation to Kids	This interactive session will introduce you to the science behind the health and wellness benefits of meditation for students. In addition, you will discover engaging ways to incorporate meditation and mindfulness into your Health Units and everyday classroom routines.	Saturday
Tracy Lockwood	Focus on FUNdamentals	Fun is an important ingredient needed to maximize participation and encourage physical activity. In fact, engaging in fun activities sparks interest and promotes lifelong participation, which contributes to the development of physical literacy. This presentation will provide a ton of activity ideas that teach fundamental movement and sport skills within a fun, challenging and active learning environment. The activities shared are acquired from the new resource; Focus on FUNdamentals and participants will leave with sample cards to use right away.	Saturday
Elisha O'Lain	Teaching with a Purpose - Outcome Based Instruction and Assessment in Physical Education	Come and experience an outcome based focus in a Physical Education lesson. We will explore how to target specific learning outcomes while engaging in activity that allows for meaningful time on task for all students. This session will also include sharing of tools and methods used to embed the Physical Program of Studies in the planning, delivery and assessment of a Physical Education Program.	Saturday
Megan McClelland	Many Skills, Many Strategies: Physical Literacy through an Adaptive Lens	How can you teach physical literacy skills and concepts in ways that engage students who are less inclined to be physically active and still motivate those who already love to move? Come learn about making physical literacy fun and relevant for students of varying skill and ability levels!	Saturday
Lori Olson-Johns Jason Segger	CrossFit in schools	Explore how two St. Albert Physical Education teachers have brought CrossFit into their schools. You will hear the philosophy behind functional movement and the principles which these educators implement in their respective courses. The session will be both theory & practical - come with an open mind and willingness to think outside the box!	Saturday

Kathy Worobec	Take It Outside: Experiential Learning in Nature	David Sobel emphasizes that learning begins with understanding one's own environment in the familiar worlds of neighbourhoods and communities. We'll explore using your own backyard/schoolyard to create experiential learning in nature. A variety of resources will be shared to help you create your own experiential learning to enhance environmental stewardship. Practical classroom examples will also be shared. Using nature as a learning environment also encourages healthy lifestyles.	Friday
Barbara Schmidt	Outdoor Pursuits in Jasper National Park The Palisades - Tour and Activity	Learn how the Palisades Stewardship Education Centre can support your program. You'll be introduced to resources, our facility, equipment and the many ways the centre can support your students - grades 7-12. We offer a host of programs: General Outdoor Education, CTS, CTF, Science and more!!! http://www.pc.gc.ca/eng/pn-np/ab/jasper/edu/edu5.aspx Take an outdoor learning break and visit Parks Canada's Palisades Stewardship Education Centre. Tune into nature get an introduction to this federal facility, our equipment and the many ways the centre can support your students. We offer a host of programs: General Outdoor Education, CTS, CTF, Science and more!!! http://www.pc.gc.ca/eng/pn-np/ab/jasper/edu/edu5.aspx	Friday
Palisades Education Team	A Morning on the Lake	Spend some time canoeing on beautiful Lac Beauvert with our Parks Canada Stewardship Education Centre team members. You'll enjoy the morning in the mountains, develop some new skills, play games and learn about the area. You'll participate in the experiential learning that our centre provides school groups. http://www.pc.gc.ca/eng/pn-np/ab/jasper/edu/edu5.aspx	Saturday
Mike Bingley	Education Outdoors - more than just rocks, trees and hiking Exploring Migration using experiential pedagogy	In this session, participants will learn the value of nature in education through interactive games, reflection and the most current research on the topic. In this session, CWF will show teachers how to get involved with the Wild Migration program in a variety of ways, including our giant floor map, our adventurous journeys our online learning environment.	Friday

Daniel Balderson	Planning & Assessment for Success in Physical Education	Planning and assessment are key factors that influence the success of any K-12 classroom. This session will identify practical steps to setting up a physical education course that is grounded in the Curriculum. Examples of how both formative and summative assessment can be used in physical education will be explored.	Saturday
Heather Rootsart	Simple Lead Up Activities & Games	Looking for some simple and fun activities to use as lead up games or warm up activities to ensure maximum participation and inclusion in your PE classes? Then this session is for you! We'll take some 'traditional type' sport type skills like volleyball, basketball and soccer and put a twist on ways to deliver them in your PE classes. This is an active session designed for secondary PE teachers but all are welcome.	Saturday
Megan Hunter	Employee Wellness: Self-Care	The life of a school employee can be compared to running a marathon—but at a sprinter's pace! We know it can be crazy at times. Let's explore how to set up a self-care plan that will help you dial down the craziness, and dial up your happiness. Learn how taking care of yourself first can improve your personal wellbeing, as well as the wellbeing of those you're a role model for.	Friday
Brett Barron Anthony Qaqish	Slo-Pitch for Schools So you've lost the gym, what now?	Come learn the basics for setting up, playing and coaching slo-pitch at your school. A fun and inclusive sport that allows for participants of all ability levels to get together and enjoy the outdoors! Often in schools we lose the gym space for a variety of reasons and this has always seems to have unintended consequences on our physical education programs. Come learn several different activities that can be utilized in alternative spaces in your school when the gym is not an option.	Friday
Nazir Walji	Floorball the new indoor hockey	Floorball is an excellent off-ice training sport for hockey players as you can practice your stickhandling, passing and shooting skills anywhere at any time. Hockey players will love the "feel" of the stick and will develop soft hands required to control the ball. You can practice your moves in the basement, at the rink or on the street. Teams can get together to play in a gym, outdoors or in the rink when the ice is out during the summer months.	Friday
Cameron Smith	Feeling "Ten Feet Tall & Bullet Proof"	In this session, Cameron talks about his experience skiing professionally and how an over confident mind can lead to critical errors. He relates this feeling of being "ten feet tall and bullet	Saturday

		proof" to students' lives and how it can affect them at school, work, sports, home, and on the road.	
Mike Shaw	Walking The Thin Line Between Risk & Reward	Students continually walk the thin line between risk and reward. Is there a way to reduce the risk of injury while maximizing the reward? In this thought-provoking session, Mike Shaw shares the secret to improving student safety & performance. You will leave his inspiring session with skills to help your students and athletes!	Saturday
Hunter Visser	Complacency and Concussions	In this session, you will learn how complacency can cause concussions and affect recovery. Hunter will speak about his experience recovering from his athletic career ending concussion, best practices for supporting others dealing with post-concussion syndrome and simple strategies to deal with complacency.	Saturday
Jen Sales Shawn and Ryan	Parallel Sports	Inclusiveness in the gymnasium is much more difficult to achieve than in the classroom. As athletes, we will be gaining fundamental sport skills through a medium that is rarely utilized- SCOOTERS! As students, we will be gaining a respect and understanding for para sport and athletes.	Saturday
Rosalind Gilchrist	Jumping Through the Web of Life: Exploring the Interconnectedness of Nature and the Importance of Conservation	Explore the many connections a species has with its environment; discovering the importance of the species in its ecosystem encourages exploration of what's being done to support and hurt its survival. Followed by discussion to expand this, looking at local or global species and how students can support their survival.	Saturday
Lisa Taylor	Engaging students to be active through social media - the #active365 challenge!	The #active365 challenge is a great way to engage your students in physical activity through social media! Additional benefits of the challenge include: getting to know your students better, building more meaningful relationships, and feeling great as a role model! Come on in and check it out!	Saturday
Christopher Sweetman	Land Navigation, Coaching Concepts	How do learners' acquire specific skills in outdoor activities such as in navigation? Established methods to coach land navigation techniques focus on teaching to a set of instructions or to a recipe. This session will describe the research process undertaken for developing an alternative mode of teaching using concepts.	Saturday
Tim Stewart	KAOS X SPORT	KAOS X SPORT (chaos cross sport) IS A SIMPLE YET DYNAMIC FUN FAST PACED EXCITING TEAM GAME THAT PUSHES THE ELITE ATHLETE WHILE	Saturday

		<p>PULLING THE NON-ATHLETE OFF THE BENCH ENGAGING THEM WITH AN ENTHUSIASTIC DESIRE TO PARTICIPATE! Increases athletes' HAND, FOOT & THINKING speed and maximizes MET -MOTOR ENGAGEMENT TIME.</p>	
Dustin Devereaux	KanJam - Great Indoor and Outdoor Game!	KanJam is a major sponsor of the conference and you will see their game all over (including @ the Social Friday!). Come to this session to learn how the game is played, and it's applications in and out of the classroom.	Saturday
Nathan Clark	Fantastic Outdoor Trips and Where to Find Them: An expert's guide to creating the ultimate outdoor experience for students.	Afraid of taking students outside, because of policy, paperwork or inexperience? We'll go to a nearby hiking location, where experienced Hiking Guide, Outdoor Council of Canada and Wilderness First Aid instructor Nathan Clark will "walk you through" the steps of making an exceptional outdoor program that everyone will approve of.	Saturday
Ted Temertzoglou	<p>Exercise in Disguise Warm Up Games</p> <p>Reimagining Health & Physical Education (Grade 9-10 focus)</p>	This active session focuses on purposeful warm-up games that can be used in all grade levels. Come and learn some easy dynamic group tag games to developmentally appropriate "Spartan Challenge" courses that require no (or minimal) equipment. These games also make great school-wide or staff-wellness initiatives to foster physical literacy and mental well-being. Lesson plans for all activities will be provided.	Friday
Colin Harris	Take it Outside		Saturday
EverActiveSch ools	<i>Creating School Policy to Reflect Community Values – Kainai Wellness Policy</i>	School policy shapes how we engage our students, support our staff, and embody our values, yet often school policies don't reflect the values of our communities. In 2016, the Kainai Board of Education created a comprehensive Wellness Policy to support the physical, mental, emotional and spiritual health of our students, staff, and families. Working together with youth, school kitchen staff, teachers, coaches, principals, Elders, parents, and community members, the Wellness Committee drafted the Policy and accompanying Handbook/Implementation Guide. Join Ever Active	Friday

		Schools as we explore the tools and strategies you can use to create your own Wellness Policy, rooted in your community's language, culture, and priorities.	
EverActiveSchools	"Why Dance?"	Because its in our Physical Education Curriculum. Sure, but why else? As Anne Green Gilbert said so clearly "Dance can be a powerful tool towards peace because people learn to solve problems, express feelings, cooperate, accept and value individual differences, gain an awareness of their own and other's cultures and engage in an activity that increase, rather than decreases, self-esteem." During this session you will be actively engaged in a variety of ways to teach dance and how teaching dance supports the well-being of all children within our school environments. You will walk away with tangible ideas that will help you feel far more confident and competent in teaching dance, even as soon as 'Monday morning'.	Friday
EverActiveSchools	Lessons learned from intra-provincial physical literacy champions	Join the Health & Physical Education Council and Ever Active Schools as we explore tangible teaching benefits to physical literacy mentorship within Alberta schools. This session will share highlights seen across the province from a one-of-a-kind mentorship opportunity offering that currently lives in 70 Alberta Schools. Participants will learn how mentorship increases confidence and competence to better infuse physical literacy within existing lesson planning and also gain strategies of how to foster strong partnerships that build capacity to support a physical literacy culture within their school.	Friday
EverActiveSchools	Run (walk) clubs as a strategy to support whole-school wellbeing.	Alberta Medical Association (AMA) Youth Run Club Information Session - Looking for ways to increase physical activity levels within your school community, especially those that promote whole-school well-being? Find out how to register and implement an AMA Youth Run Club at your school or throughout your district. This free, fun, and flexible program provides Alberta schools with all of the resources and supports needed to start up a run club, or enhance an existing one. Hear about how the AMA Youth Run Club engages students who are not typically physically active and learn about how you can support physical literacy, surpass provincial and national averages for physical activity and positively impact student behaviour. Get on the right track today!	Friday

GEOEC Jeff Siddle	Project Wild!		Friday
GEOEC Karen	Outdoor Education and Connections to Core		Friday
GEOEC Don	Geocaching		Friday
Jon Byl	Action! Games and Activities Great Balls of Fun 2	Gopher Sport will be leading participants through a workshop focused around two of our newest activities! We won't just be playing games though, we'll also be showcasing some great classroom management and skill development pieces you can take home and implement in your class. Get ready to sweat, learn and have some fun! Participate and learn games that use foam balls from Gopher. These balls are adaptable, affordable, lightweight, and available in a variety of sizes. Children can learn motor skills without fear of being hurt by the ball. Specific activities will include warm ups, target games, net/wall games, invasion/territorial games, and striking/fielding games.	Friday
Debbie Brigley	Tower Gardens in Your School	We all know that we should eat a lot of fruits and vegetables every-day and the more variety the greater the benefit. Teaching children to understand the importance of healthy eating has become a part of the education system. With the decrease of family gardens many children have not had an opportunity to learn about growing healthy plants and vegetables that they could eat. There is a exciting new teaching tool " farm to table" experience called the Tower Garden. The Tower Garden is an advanced form of aeroponics, the process of growing plants in an air or mist environment rather than soil. The Tower Garden can grow more than 150 different wellness-promoting plants.	Friday
Jodi-Harding	Blanket Games and ATA		Friday

Kuriger			
Daniel Bateman	Survive or Thrive - Building Resilience	Discover specific skills which build resiliency (other than DPA) that you can apply yourself and teach your students or athletes. Learn how to transform challenges into growth and find motivation and meaning. Come laugh and learn some coping strategies that will bring joy and peace to your busy, stressful life.	Saturday
Robert Matheson	Noodles or Nothing Great Balls of Fun	<p>This presentation will focus on fun, active games that require minimal equipment. Either the games need pool noodles (or pieces of noodles) or nothing at all. You will learn some fun relay races, zany tag games, nutty noodle games, and a splash of Rock-Paper-Scissors games.</p> <p>This session will be based on one of CIRA's newest resources. We will play a variety of games using foam-covered balls. The main games will be divided into the four TGfU categories. A fifth section will focus on warm-up games. All games can be played with a full class or used in smaller-sided games.</p>	Saturday
Mike Bingley	"Exploring Migration using Experiential Pedagogy"	In this session, CWF will show teachers how to get involved with the Wild Migration program in a variety of ways, including our giant floor map, our adventurous journeys our online learning environment.	Friday