

5th Annual Physical Education Summer Symposium
Presented by: FFCA, MRU, and HPEC
Monday August 27, 2018 - Mount Royal University Recreation
Department
4825 Mount Royal Gate S.W. Calgary

Session 1 - 8:30-9:30am

	SESSION # / TITLE	PRESENTER	ROOM
1.	Warm up Games	Lara Talamini, FFCA - NMS and Jason Deis, FFCA - NMS	Triple Gym East
2.	Building Capacity for Social Emotional Learning in your Classroom	Ever Active Schools	Classroom U161
3.	Tennis in Schools	Grieg Ewing, Alberta Tennis Centre	Triple Gym Kenyon

Session 2 - 9:40 - 10:40am

	SESSION # / TITLE	PRESENTER	ROOM
4.	Loose Parts Play	Ever Active Schools	Triple Gym East
5.	Indigenous Games	Brian Broad, FFCA - NWE	Triple Gym Kenyon
6.	Dance	Jason Deis, FFCA - NMS	Fitness Studio U 159

Session 3 - 10:50 - 11:50am

	SESSION # / TITLE	PRESENTER	ROOM
7.	Large Group Games	Jason Deis, FFCA - NMS	Triple Gym Kenyon
8.	Paralympic Games	Chris Shaw, FFCA - SEE	Triple Gym West
9.	Bean Bag and Hoop Games	Melissa Brooks, FFCA - NEE	Triple Gym East

Please join us for this excellent physical education professional development opportunity on Monday August 27th at Mount Royal University. There is no cost to participate in this event. Please complete your registration through the google link:

<https://docs.google.com/forms/d/e/1FAIpQLScWxK-YkIOz4IEXHwuONT5SpmfkYkPYWWAbiAK2ZLzWr2VGJg/viewform?c=0&w=1>

If you have any questions regarding the 5th Annual PE Summer Symposium, please contact Sonia Sheehan at sonia.sheehan@ffca-calgary.com

 ****** In registering for this workshop you are voluntarily providing your personal information and consenting to its collection, use and disclosure for all purposes connected with our participation as a member of the workshop. ******



Brief Session Descriptions:

Session #1: 8:30-9:30am

1. Warm up Games: A variety of simple warm up games requiring minimal equipment, designed to get your students engaged and moving! These activities can be used for any grade level.
2. Building Capacity for Social and Emotional Learning in Your Classroom: The development of social and emotional skills is foundational to students becoming engaged thinkers and ethical citizens with an entrepreneurial spirit. In this workshop, we will explore why social & emotional well-being is essential for learning and how it can be weaved through all subject areas and aspects of a school day. Taking a comprehensive approach, we will look at practical resources and simple ways to build capacity for social and emotional learning within your classroom such as delivering inclusive Daily Physical Activity (DPA) through a social & emotional lens, mindfulness opportunities, bringing personal growth to all subject areas and more!
3. Tennis in Schools: An overview of how educators can use a progressive tennis model to help meet Physical Education learning outcomes in schools. From K-6, teachers can use tennis to create an inclusive environment where all students are engaged, challenged and supported within Physical Education lessons. The session will cover the basics of this approach, including practical activities that can be delivered to all grade levels.

Session #2: 9:40-10:40am

4. Loose Parts Play: During this session, Ever Active Schools will introduce you to a step-by-step process that you can use to create a unique loose parts play kit. Perhaps you are starting small and want to create a box of materials you can take out each day for your students to play with, or maybe you want to enrich a larger play space with loose parts. It doesn't matter how big or small your budget or plans are, you'll find the tips and guidelines to make it happen.

In this session we'll:

- Explore the multiple benefits of loose parts play for children's well-being and development through a comprehensive school health lens
- Consider the practicalities of implementing loose parts play in your setting
- Understand the risk-benefit analysis of play
- Answer common questions and provide information and resources to help you gain support for your loose parts play project

5. **Indigenous Games:** Do you want to learn exciting, fun, and engaging games that will quickly become your students' favourites? And be proactive in aligning with the new curriculum? Then introduce indigenous games to your physical education classes. You will learn large and small games that teach your students about Indigenous ways of life, while working on fitness.

6. **Dance:** This session will focus on how to introduce dance to your classes. Come learn some fun ways to teach students how to keep in time with music. You will leave the session with some valuable handouts that can be adapted to any grade level.

Session #3: 10:50-11:50am

7. **Large Group Gym and Field Games:** Are you looking for some new activities to get your students moving? Are you in need of some games to play in between units? If so, then this is the session is for you! Come and learn some exciting and fun games that do not require any special equipment.

8. **Bean Bag and Hoop Games:** Get back to basics using bean bags and hula hoops. Learn games to engage your students in meaning movement activities that focus on fundamentals and fun.

9. **Paralympic Games:** Looking for ways to examine and promote activity in the community? Specific outcomes D8 and D9 are two of the most difficult outcomes in the curriculum to teach. Why not try incorporating Paralympic sports into your phys ed program! This session will show you easy ways to implement modified Paralympic sports into your phys ed class. Students will develop an understanding of the impact of community on individual physical activity levels in both able-bodied and people with a disability. At the same time students will challenge their physical literacy, empathy, leadership and teamwork skills.

