



HPEC 2019 | Life is a Journey, Let it Be Active | Red Deer

**PROGRAM AT A GLANCE**

*\*Subject to Change\**

Thursday, May 9, 2019

Time	Activity	
11:00 am- 12:00 pm	<b>Pre-Conference Registration</b> * Additional to Main Conference Registration Location: GW Harris Main Building	
<b>Pre-Conference Sessions</b>		
12:00 pm- 4:00 pm	<b>Basketball</b> Clayton Pottinger Location: RDC	<b>Building Intentional Connections</b> Alberta Health Services Location: RDC
	<b>Volleyball</b> Location: RDC	<b>Track &amp; Field</b> Elisha O'Lain Location: RDC
4:00 pm - 8:00 pm	<b>Conference Registration</b>	
7:00 pm- 12:00 am	<b>HPEC Past Presidents Reception</b> • Come to Celebrate our Past HPEC Leaders	

## Friday, May 10, 2019

Time	Activity	
7:00 am - 7:45 am	<b>Active Living Session TBD</b> TBD <i>Location: TBD</i>	<b>Active Living Session TBD</b> TBD <i>Location: TBD</i>
7:45 am - 8:30 am	<b>Opening Smudge</b> <i>Location: Main Entrance of RDC</i>	
8:00 am - 8:55 am	<b>Conference Registration</b> <i>Location: Theatre Foyer</i>	
<b>Session A</b>		
9:00 am - 10:45 am	<b>Session A:</b> <ul style="list-style-type: none"> <li>● Opening Ceremonies</li> <li>● HPEC &amp; PHE Canada Awards</li> <li>● Opening Keynote <b>Hal &amp; Joanne McLeod</b></li> </ul> <i>Location: Theatre</i>	
11:00 am - 5:00 pm	<b>Exhibitor Marketplace</b> Location: GW Harris Main Building, Great Hall	
10:45 am - 11:15 am	<b>Nutritional Break</b> <i>* Included with Conference Registration</i> <i>Location TBD</i>	

Session B: Concurrent Conference Sessions					
	Classroom GWH162	Classroom GWH167	Classroom GWH209	Classroom GWH173	Classroom GWH178
11:15 am - 12:15 pm	<b>Parkland School Division- Our journey into nature-based play and learning</b> Tracey Gilmour, Parkland School Division *Indoors and Outdoors	<b>BOKS Bursts- Keeping Your Students Active Throughout the Day</b> Shannon MacMillan, BOKS	<b>FMS Assessment Simplified</b> Glenn Young	<b>MINDFITNESS Breaks: Quick Techniques to Create a Calm, Focused &amp; Fit Classroom</b> Susan Agrios, Agrios Mindfitness	<b>Using the Physical Literacy Observational Tool (PLOT) to assess growth in the Pre-Kindergarten Classroom</b> Jacqueline Koval, Alyson Moring & Jennifer Yaroslowsky

	<b>Classroom GWH208</b>	<b>½ Gymnasium GWH140</b>	<b>½ Gymnasium GWH140</b>	<b>Movement Studio GW</b>	
	<b>Lacrosse Dynamics in Education</b> Nicholas Brown, Alberta Lacrosse Association	<b>Games and Activities to Optimize Self-Regulation</b> Ever Active Schools	<b>Survivor! A Cooperative Games Unit</b> Kendra Eliuk, Edmonton Public Schools	<b>A New Standard for Warming Up!</b> Deborah Menard, Be Fit For Life- Portage College	
<b>12:15 pm - 1:30 pm</b>	<b>Exhibitor Marketplace &amp; Bagged Lunch</b> <i>* Included with Conference Registration</i> <i>Location: GW Harris Main Building</i>				
<b>12:30 pm - 1:30 pm</b>	<b>HPEC Annual General Meeting</b> <i>* HPEC members welcome, please attend</i> <i>Location: TBD</i>				
<b>Session C: Concurrent Conference Sessions</b>					
<b>1:30 pm - 2:30 pm</b>	<b>Classroom GWH162</b>	<b>Classroom GWH167</b>	<b>Classroom GWH209</b>	<b>Classroom GWH173</b>	<b>Classroom GWH178</b>
	<b>Cannabis; Information for Educators</b> Gail Foreman, Alberta Health Services	<b>Sex Ed: How to Answer Student Questions</b> Nicole Inglis, Alberta Health Services	<b>Getting off the Mental Health Rollercoaster: From Health Champion to Healthy Champion</b> Astrid Kendrick, University of Calgary	<b>PRISM- Professionals Respecting Individual Sexual and Gender Minorities</b> Alberta Teachers Association	<b>Nutrition for Active Youth: NEW Resources for Coaches</b> Harrison Blizzard, Alberta Health Services
	<b>Classroom GWH208</b>	<b>½ Gymnasium GWH140</b>	<b>½ Gymnasium GWH140</b>	<b>Movement Studio GW</b>	
	TBC	<b>The Student-Directed Classroom: An Experiential Learning Experience</b> Court Rustemeyer, Vincent Massey School	<b>First Steps: An introduction to First Nations hand drumming</b> Glenn MacLeod	<b>Promoting Lifelong Participation in Students with Developmental Coordination Disorder</b> Holly Dushow, Alberta Health Services	
<b>2:30pm - 3:00pm</b>	<b>Nutritional Break</b>				
<b>Session D: Concurrent Conference Sessions</b>					
<b>3:00 pm - 4:00pm</b>	<b>Classroom GWH162</b>	<b>Classroom GWH167</b>	<b>Classroom GWH209</b>	<b>Classroom GWH173</b>	<b>Classroom GWH178</b>
	<b>Inclusive PE for All: Strategies to foster meaningful participation for ALL students</b> Jennifer Leo, The	<b>Orange Marks the Spot- Outdoor Adventure</b> Deborah Menard, Be Fit For Life- Portage College <i>*Outdoors</i>	<b>How to Make Your HIT a HIT!</b> Glenn Young	<b>Loose Parts Play</b> Ever Active Schools	<b>Indigenous Ways of Knowing: Walking in our Footsteps</b> Alberta Teachers Association

	Steadward Centre for Personal and Physical Achievement				
	<b>Classroom GWH208</b>	<b>½ Gymnasium GWH140</b>	<b>½ Gymnasium GWH140</b>	<b>Movement Studio GW</b>	
	<b>KAOS X SPORT (Chaos Cross Sport)</b> Tim Stewart, Buck Mountain	<b>In-Line Skating tricks of the trade</b> Alien In-Line	<b>Executive Functioning Through Physically Active Play</b> Dr. John Byl, GOPHER	<b>Superheros of Physical Literacy Dance Party</b> Matt Leung & Susan Shearer, DANCEPL3Y	
<b>Conference Social- Let's Play Eh?</b>					
<b>5:30 pm - 6:30 pm</b>	<b>Cocktails &amp; Active Festivities   SPIKE Ball Tournament &amp; Tobogganing</b> *ATM on Site Location: Canyon Ski Hill				
<b>7:00 pm - 1:00 am</b>	<b>Conference Social Dinner &amp; Dance</b> <i>*One Social Ticket Included with Conference Registration</i>				
<b>1:00 am</b>	<b>Last shuttle bus</b> Pick up from Canyon Ski Hill Drop Off at <b>TBD</b>				

*\*\*Delegates are responsible for parking at RCD\*\**

## Saturday, May 11, 2019

Time	Activity	
<b>7:00 am - 7:45 am</b>	<b>Active Living Session TBD</b> TBD <i>Location: TBD</i>	<b>Active Living Session TBD</b> TBD <i>Location: TBD</i>

Session E: Concurrent Conference Sessions					
	<b>Classroom GWH162</b>	<b>Classroom GWH167</b>	<b>Classroom GWH209</b>	<b>Classroom GWH173</b>	<b>Classroom GWH178</b>
<b>8:30am-9:30am</b>	<b>The Power of Play: Engaging Learners of All Ages</b> Alberta Teachers Association	<b>HALL 2.0 Initiative: Policy to Practice</b> Ted Temertzoglou & Ever Active Schools	<b>Outdoor Exploration</b> Danielle Fortin, Pursuit Adventures	<b>Chair Yoga for the Classroom</b> Donna Freeman, Yoga in my School	<b>Purposeful PE in Practice</b> Elisha O'Lain, Marshall Springs School
	<b>Classroom GWH208</b>	<b>½ Gymnasium GWH140</b>	<b>½ Gymnasium GWH140</b>	<b>Movement Studio GW</b>	

	TBC	<b>Hoops and Hoopla</b> Andy Raithby, CIRA Ontario	<b>Mirror, mirror on the wall...reflecting on inclusion so we don't drop the ball</b> Hayley Morrison, University of Alberta	<b>Let's Focus on FUN and Take a PLAYful Approach to Physical Education K-6</b> Jodi Harding-Kuriger	
<b>9:30am-10:00am</b>	<b>Nutritional Break</b>				
<b>10:00 am-1:00 pm</b>	<b>Exhibitor Marketplace</b> Location: GW Harris Main Building, Great Hall				
<b>Session F: Concurrent Conference Sessions</b>					
<b>10:00am-11:00am</b>	<b>Classroom GWH162</b>	<b>Classroom GWH167</b>	<b>Classroom GWH209</b>	<b>Classroom GWH173</b>	<b>Classroom GWH178</b>
	<b>Incorporating Mental Skills/Resiliency into your day</b> Danielle Fortin, Pursuit Adventures	<b>POWER of PLAY-Fundamentals of Fitness, Dance &amp; Games</b> Deborah Menard, Be Fit For Life- Portage College	<b>TGFU slopitch focused (fielding) activities</b> Megan and Greg Brain *Outdoors	<b>Emotion-Focused School Support: A quick intervention for dealing with challenging emotions</b> Sue Huff	<b>Come help share the Safety Guidelines for Physical Activity in Schools</b> Kathy Belton, Injury Prevention Centre School of Public Health, University of Alberta
	<b>Classroom GWH208</b>	<b>½ Gymnasium GWH140</b>	<b>½ Gymnasium GWH140</b>	<b>Movement Studio GW</b>	
	<b>Dance Decoded- Life Beyond the Chicken Dance</b> Erin Post, Certified AFLCA Fitness Instructor	<b>Omnikin Games for Younger Participants</b> Paolo Zambito, Kin-Ball Canada	<b>Hurley Wherly</b> Paul Bourgoin, Ecole des Beaux-Lacs	<b>HPEC Smorgasbord</b> HPEC Regional Representative	
<b>11:00am-11:30am</b>	<b>Nutritional Break</b>				
<b>Session G: Concurrent Conference Sessions</b>					
<b>11:30am-12:30pm</b>	<b>Classroom GWH16G</b>	<b>Classroom GWH167</b>	<b>Classroom GWH209</b>	<b>Classroom GWH173</b>	<b>Classroom GWH178</b>
	<b>Enhancing and maintaining school sport</b> Jonathan Mauro	<b>Get Them Moving, Learning &amp; Loving It! PE 7-12</b> Jodi Harding-Kuriger	<b>Part 2 TGFU Slowpitch</b> Greg and Megan Brain *Outdoors	<b>Exclusion By Numbers: Developing Empathy and Inclusion in Physical Education through Games and Play</b> Rebecca Rubuliak, Ever Active Schools, Be Fit For	<b>Enriching Secondary Physical Education with Social Media-#active365 and Results of a Thesis</b> Lisa Taylor

				Life	
	<b>Classroom GWH208</b>	<b>½ Gymnasium GWH140</b>	<b>½ Gymnasium GWH140</b>	<b>Movement Studio GW</b>	
	<b>The Duke of Ed Award – Fulfilling Your Potential</b> Diana Cretu, The Duke of Edinburgh's International Award	<b>Active and Cooperative Games: Large Omnikin Products</b> Paolo, Kin-Ball Canada	<b>Using Innovative Equipment to Learn Striking/Fielding Games</b> Dr. John Byl, GOPHER	<b>My Favourites</b> Andy Rithby, CIRA Ontario	
	<b>Closing</b>				
<b>12:30pm</b>	<b>Conference Closing &amp; Bagged Lunch</b> <i>* Included with Conference Registration</i>				